BUSINESSGYM

building the fields of the informal sector micro entrepreneurship





About

Saath founded in 1989, is an NGO, based in Ahmedabad, Gujarat. Saath closely works with the Informal Sector by providing them various services, and imparting skills leading to better quality of life.

The Business Gym initiative was established to **Build Resilience** of micro and nano entrepreneurs (MEs) in overcoming challenges such as business management, digital adoption, networking, and financial literacy.

With operations in Ahmedabad and Jaipur, the program aims to provide robust **one on one mentorship**, tailored technical training, and accessible resources to foster entrepreneurial growth, resilience, and socio-economic development. This initiative highlights the importance of empowering small-scale entrepreneurs to achieve financial independence and sustain their businesses in a competitive marketplace.

Started back in 2021 and currently we have worked with over -

8000+ Micro Entrepreneurs

Current Ahmedabad Jaipur

Past Cities

Varanasi Surat Jaipur Jodhpur Irendranagar Kota Baroda Mumbai Agra Tharad Palanpur Palanpur Palanpur Dausa Udaipur Bhavnagar



Network support for engagement with markets, government, and civil society



One on One Mentorship and Trainings



Access to Resources



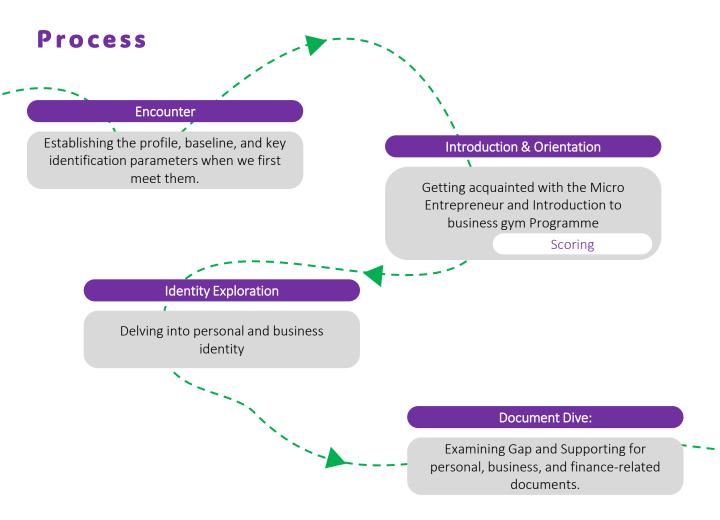
Support Access to government schemes and entitlements

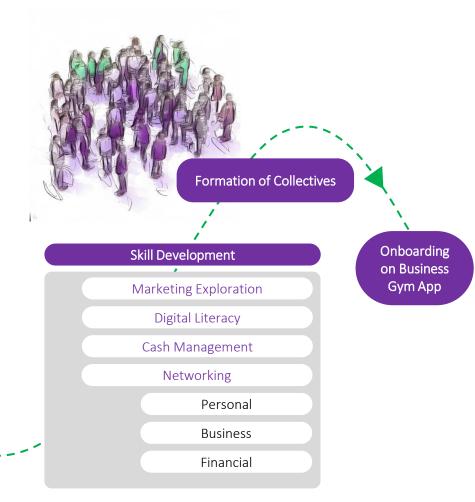




Indices of development

NUMBERS	Sales, Profit, Employees, Reach, Product Range, Volume and Premium
	Municipal Permissions FSSAI,
REGULATORY	E-shram, Vendor Registration,
	MSME
FINANCIAL	IT Return, GST, Bank Account,
	Savings, Loans, Insurance
BUSINESS	Packaging, Aesthetic, Bills, Cost
DOSINESS	Reductions, Photos
	Payment Getaways, Social Media,
TECHNOLOGY	WhatsApp for Business, Process Tech
PERSONAL	Spouse, Children, Relatives, Neighbours, Business Associates
STRUCTURAL	Referrals, Ability to structure as
	per training
LEVERAGE	Media, Other Organization





Scoring

In the **Business Gym** initiative, **scoring** typically refers to a system used to assess and track the progress, performance, or readiness of microentrepreneurs (MEs) and nanoentrepreneurs (NEs). The scoring mechanism provides a structured way to measure their business competencies, financial health, and overall growth over time.

Parameters

- Business Skills
- Financial Management
- Digital Literacy
- Operational Efficiency
- Growth Metrics
- Community Engagement
- Personal Development
- Social Impact

One on One Trainings

One-on-One Training in the Business Gym program is designed to provide highly personalized mentoring tailored to the unique needs of each micro-entrepreneur. Key modules include:



Self-Identity and Business Identity: Creating a distinct business name, branding, and establishing formal recognition in the government.



Marketing and Communication: Strategies for customer engagement, improving workplace ambiance, and leveraging digital tools for marketing.



Financial Literacy and Planning: Managing cash flow, digital payments, maintaining records, and introducing savings and insurance practices.



Technical Skills: Hands-on training in specific trades, example as solar panel maintenance, garment making, and digital business tools.





This individualized approach ensures that every entrepreneur receives guidance tailored to their specific business needs and challenges, unlike a one-size-fits-all classroom setting.

Trainers can focus on addressing unique barriers, such as skill gaps, market understanding, or technical inefficiencies, in a way that resonates directly with the entrepreneur's business model.



Personalized Attention

Practical Application:

Enhanced Retention

Flexibility

Society Camps



Society Camps are a pivotal aspect of the Business Gym initiative, designed to bridge the gap between micro-entrepreneurs (MEs) and their local communities. These camps serve as a platform for MEs to showcase their products and services, establish direct connections with customers, and gain real-time feedback on their offerings.











Enhances visibility within their localities, fostering trust and repeat business.



Offers immediate income opportunities and practical application of training.



- Camps are organized in collaboration with local societies, with prior permissions obtained to ensure community participation.
- Key activities include setting up
 - ME booths,
 - displaying banners with service offerings, and
 - Facilitating on-the-spot services such as plumbing, tailoring, or home repairs.
- Customers are encouraged to scan QR codes to download the **Business Gym App**, further integrating digital tools into their engagement.



A total of **118 society** camps were conducted.



Generating **Rs. 4,04,878 in income** for participating MEs.



Customer engagement for **3,823 individuals**



The initiative has received positive feedback from society members for its accessibility, affordability, and convenience.

Business Gym - App



The Business Gym App is a digital platform designed to empower micro-entrepreneurs (MEs) and nano-entrepreneurs (NEs) by providing access to essential tools, training, and networks. It aims to bridge the gap in business development, financial literacy, and market opportunities, creating a supportive ecosystem for growth and success. With a focus on urban entrepreneurs in India, the app combines learning, networking, and resources in a single user-friendly interface











Skill Development: Interactive training modules on business, financial management, and digital literacy.



Market Access: Opportunities to connect with suppliers, buyers, and service providers



Community Building: Forums and networking spaces for entrepreneurs to share experiences and insights.



Financial Inclusion: Tools and links to microfinance institutions for loans and other financial products.



Financial Tracking: Integrated tools to record income, expenses, and transactions, helping entrepreneurs stay on top of their cash flow.



Entitlement Access: Guidance and support to apply for government schemes, benefits, and entitlements tailored to micro and nano-entrepreneurs.



SINESS GYM

ath Charitable Trust

Document Repository: A secure, digital space to store essential business and personal documents, such as trade licenses, GST registration, and identity proofs.

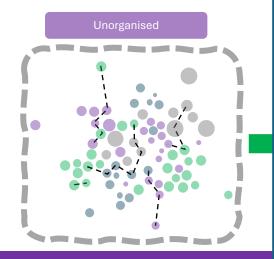
Collectives

Occupation-based collectives are groups formed by individuals who share a common profession, trade, or economic activity.

These collectives are designed to address the unique challenges, needs, and opportunities associated with their specific occupations.

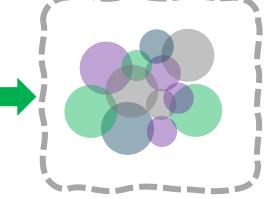


They serve as platforms for workers or entrepreneurs in similar fields to collaborate, share resources, and collectively improve their livelihoods and working conditions.





Organised trough collectives



Skill Development: Enhances members' abilities through shared knowledge and training.

Economic Growth: Pools resources for better market access, reducing costs, and increasing income.

Advocacy: Strengthens collective voices to secure rights, fair systems, and better working conditions.

Access to Services: Facilitates entry to financial support, tools, and infrastructure for occupational needs.

Support System: Offers a network for resilience during challenges and mutual aid.

Tailoring : 142 members

- Training of using Platforms like Meesho, BizUp etc
- Collective Sourcing of Materials
- Canva Design
- Access to customers

Knife Sharpeners: 23 members

- Documentation and Linkages
- Sourcing of material
- Cross Access to customers

Beautypreneur Collective: 103 members

- Specific thematic workshops as per market trends,
- Purchase of consumables at affordable rates,
- Certification.

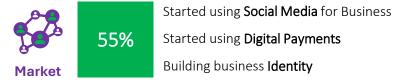
Impact - 8000+ ME(s) Trained



58%

Added new **products or services** Better Aesthetics in product display or arrangement Added Signboards and Rate Cards







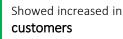
Started Keeping Daily Records

Started Savings

*data of 1500 Sample ME(s)

100% show better communication and confidence







Showed increased in Income/Sales from 10 to 20%



Linkages for government s chemes





110

ME(s)

Allotment of Vending Space



Representatives of Town Vending Committee in Jaipur.



Ganpat Bhai

Ganpatbhai is a knife-sharpener with his business moving with his cycle managed to earn profit of Rs. 250-350 per day earlier. His participation in four residential society camps has groomed him with better professionalism, accomplishing his timely service delivery commitments, and improved communication.

His earning has nearly doubled to a profit of Rs. 500-700 everyday. With boosting his confidence, he is planning to make his tool box look beautiful and more organised with branding his services on his cycle. He is very much excited to grow his business with other initiatives by the Business Gym team



Museum celebrating informal sector

Mehnat Manzil celebrates the informal sector workers' lives and brings to light the realities we inhabit: from migration and livelihood to housing and infrastructure.

Its focus will remain the limitless hope and spirit with which we overcome our struggles and build lives; although it will also be the site for an interrogation of the societal structures that give rise to informality, and the kinds of problems and injustices that it reproduces.



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